

Free and Reduced-cost Yoga Classes in Fort Wayne

Studio	Location	Class	Day	Time	Price	Website
3 Rivers Yoga Foundation	Power Yoga Fort Wayne	Community Yoga	Fridays	6-7pm	FREE	https://www.3riversyoga.org/
3 Rivers Yoga Foundation	Power Yoga Fort Wayne	Heroes' Yoga <i>For veterans, military, first responders, healthcare workers, and their spouses with valid ID</i>	1st Monday	6PM	FREE with valid ID	https://www.3riversyoga.org/
Discover Yoga	Promenade Park	Yoga on the Riverfront	2nd Sunday	10:30am	FREE	https://riverfrontfw.org/event/44605/
Discover Yoga	The Landing	Wellness Wednesdays	Wednesdays	all day	\$13	https://www.discoveryyogafw.com/
Pranayoga	Pranayoga	Community Class	Saturdays	9:30am	\$10	https://www.pranayogaschool.com/